

ESSENTIAL INFORMATION SUG 2025 TENERO



Swiss University Sports

Help us to be guests that are welcome again the next time.
We want to come back with the Swiss Universities Games in 2027.

GOLDEN RULES

1. I respect the curfew from 22.30-07.00h.
2. On Friday and Saturday night the music in front of „Palestra Gottardo“ will be turned off at 24.00h and at 01.00h the festivities will end. If the party must go on you need to leave the campus.
3. I drink alcoholic beverages (beer, wine or similar products) exclusively in front of the „Palestra Gottardo“ and after the end of my sports activities.
4. The use of hard alcohol and all kinds of drugs is prohibited.
5. I smoke only in one of the three marked zones.
 - In front of the classroom Contra
 - Behind the campground building
 - Between the boathouse and the pier (not after 22.00h)
6. I pay attention to order and cleanliness.
7. I support recycling and dispose of the garbage in the designated containers.
8. I do not enter the guest houses in football shoes.
9. It is forbidden to clean your shoes in front of the buildings, in the washroom or in the shower. Please use the shoe cleaning facility.
10. The lake and the lake side are off limits after 22.00h

GOOD TO KNOW

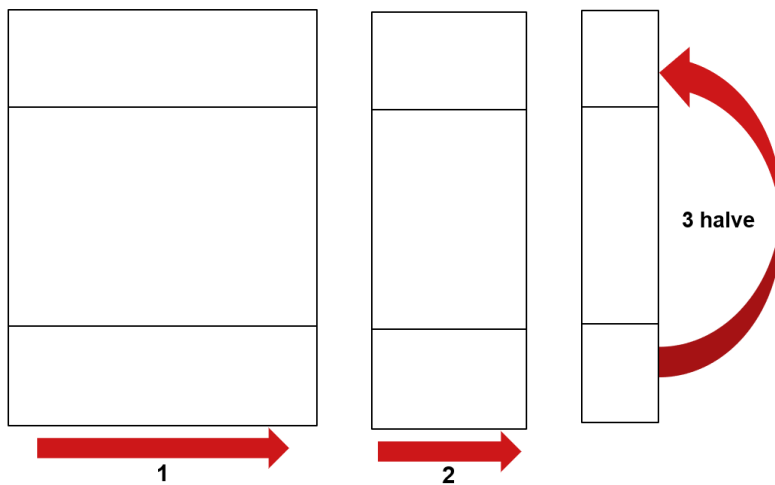
- Check-in time starts on FRI, May 2 starting at 13.30h.
- Check-out time will be on SUN, May 4 until 08.30h together with your team leader.
- Some delegations sleep in tents with 20 beds and others in guest houses.
- Everybody has to bring a bed sheet, sleeping bag, pillow and warm clothes.
- If you don't bring a bed sheet you need to rent one for CHF 10.-
- Meals are served at the cafeteria in building Brere.
 - Breakfast Time 07.00-09.30h
 - Lunch Time 11.30-14.00h
 - Dinner Time 18.00-21.00h
- After 22.00h the “Campo Sportivo” is only accessible with a badge.
- On FRI, May 2 at 21.30h the opening ceremony takes place at the Palestra Gottardo.
- If you have any questions, please contact your team leader.

EMERGENCY

- The first aid point is located in front of Palestra Naviglio
- A team of medical and physiotherapy staff is available at the Palestra Gottardo for minor injuries.
- If you need assistance in case of an emergency call 076 349 06 10
- In case of an evacuation the assembly point is next to the climbing wall on the lawn.

CAMPING AND TENTS

- For security reasons there is no electricity in the tents between 22.00h and 07.00h.
- Mattresses and blankets may only be used inside the tents.
- Task at Check-out:
 - Clean the floor
 - Remove the drying racks
 - Open the entrance of the tent
 - Collect all waste in your area around the tent and dispose of it in the collection area in the appropriate containers > at the end of sector C.
- The blankets must be exactly folded as specified and placed in the cupboards.



GUEST HOUSES

“SASSO ROSSO”, “CASA OSPITI” AND “DONO NAZIONALE”

- I will not enter the guest rooms from 09.00-11.00h to allow the daily cleaning of toilets, showers and hallways.
- I do not move the furniture inside the rooms of the guest houses.
- I do not leave clothes on the window but use the specific drying room.
- I do not sit on the windowsills.
- I will not enter the guest rooms from 09.00-11.00h to allow the daily cleaning of toilets, showers and hallways.
- Task at Check-out:
 - Remove the sheets from the beds:
 - Sasso Rosso: use the box near the elevator
 - Dono Nazionale & Casa Ospiti use the gray container in front of the hostel
 - Fold the blanket into two as you found it upon your arrival.
 - Empty the trash can and dispose of the garbage in the designated containers for PET, paper and glass.
 - Wipe the floor with the broom:
 - Sasso Rosso: the brooms can be found on the balcony
 - Dono Nazionale: the brooms are delivered on the day of the departure
 - Collect any rubbish around the building and dispose of it in the specific containers.