

SWISS UNIVERSITY SPORTS CAMP - 2026 EDITION (1ST)

24th to 27th August 2026												
TIMETABLE	MONDAY		TUESDAY			WEDNESDAY		THURSDAY		TIMETABLE		
08:00			Breakfast			Breakfast		Breakfast		08:00		
08:30	Check-in									08:30		
09:00												
09:30	MULTISPORT ACTIVITES (Team building) (Gym)- 30 persons - 150 minutes		Mountain Bike (Jura) - 15 persons (2 MEP SUS)	Gym - 90 minutes - 15 persons (2 MEP SUS) - 1 Gym	Boulder - 15 persons - 90 minutes (1 MEP SUS with 1 J+S or 2 MEP SUS)	Orienteering - Explanation and briefing - 30 persons		Judo 15 persons (2 MEP SUS or Expert J+S)	Table Tennis (2 MEP) - 15 persons - 8 tables - 1-2 Gym	09:00		
09:30				Orienteering - Run (3 MEP SUS + 1 Expert OL) - 30 persons		Table Tennis (2 MEP) - 15 persons - 8 tables - 1-2 Gym	Judo 15 persons (2 MEP SUS or Expert J+S)			09:30		
10:00								10:00				
10:30						Boulder - 15 persons - 90 minutes (1 MEP SUS with 1 J+S or 2 MEP SUS)		Gym - 90 minutes - 15 persons (2 MEP SUS) - 1 Gym				Table Tennis (2 MEP) - 15 persons - 8 tables - 1-2 Gym
11:00				11:00								
11:30	11:30											
12:00	Lunch		Lunch			Lunch		Lunch		12:00		
12:30	Moving from Magglingen to Ipsach									12:30		
13:00										13:00		
13:30										13:30		
14:00	Spikeball 15 persons - (2 MEP SUS) - 75 minutes	Nautic Center Stand Up Paddle - 15 persons - (2 MEP SUS or 1 MEP + 1 J+S) - 75 minutes	Gym - 90 minutes - 15 persons (2 MEP SUS) - 1 Gym	Boulder - 15 persons - 90 minutes (1 MEP SUS with 1 J+S or 2 MEP SUS)	Mountain Bike (Jura) - 15 persons (2 MEP SUS)	Beach-volley - 15 persons (MEP SUS)	Unihockey - 15 persons (MEP SUS) - 1-2 Gym	Olympic Games - 30 persons (Big Gym) - (3 MEP SUS) - 3 Gym		14:00		
14:30										14:30		
15:00												
15:30	Nautic Center Stand Up Paddle - 15 persons - (2 MEP SUS or 1 MEP + 1 J+S) - 75 minutes	Spikeball 15 persons - (2 MEP SUS) - 75 minutes	Boulder - 15 persons - 90 minutes (1 MEP SUS with 1 J+S or 2 MEP SUS)	Gym - 90 minutes - 15 persons (2 MEP SUS) - 1 Gym		Unihockey - 15 persons (MEP SUS) - 1-2 Gym	Beach-volley - 15 persons (MEP SUS)			15:30		
16:00										16:00		
16:30										16:30		
17:00	Moving from Ipsach to Magglingen		Free time			Free time		Fireworks		17:00		
17:30										17:30		
18:00	Diner		Diner							18:00		
18:30										18:30		
19:00										19:00		
19:30	Games night - Conference Room		Game 1vs1 night - 30 persons - Conference Room (Set up for 50-80 persons) or 1-2 Gym			Raclette Party at Waldhaus				19:30		
20:00										20:00		
20:30										20:30		
21:00										21:00		
21:30										21:30		
22:00										22:00		